

CARD RE-1

NATIONAL ORIGIN

- Puerto Rican
- Cuban
- Mexican, Mexican-American,
Mexicano, Chicano
- Other Latin American
- Other Spanish

CARD RE-2

RACIAL BACKGROUND

- American Indian
- Aleut, Eskimo
- Asian or Pacific Islander
- Black
- White

CARD PG-1

- High Blood Pressure, Toxemia, Pre-Eclampsia, or Eclampsia
- Anemia
- Diabetes, Gestational Diabetes, or High Blood Sugar
- Low Lying Placenta (Placenta Previa)
- Vaginal Bleeding
- Premature Labor

CARD HE-1

- No Difficulty
- Some Difficulty
- A Lot of Difficulty
- Completely Unable To Do It

CARD HE-2

0 _____ 4
NO PROBLEM A VERY BIG PROBLEM

CARD HE-3

- Definitely False
- Mostly False
- Mostly True
- Definitely True

CARD PP-1

TYPES OF HEALTH CARE PROVIDERS AND FACILITIES

Medical Professionals and Practitioners:

Medical Doctor
Nurse or Nurse Practitioner
Paramedic
Health Aide
Physician's Assistant
Midwife/Nurse Midwife
Optometrist/Ophthalmologist
Podiatrist (Foot Doctor)
Chiropractor
Acupuncturist
Therapist - Physical, Speech,
Occupational
Audiologist
Physiatrist

Mental Health Professionals:

Psychiatrist
Psychologist
Psychiatric Social Worker
Mental Health Therapist

Medical Facility or Clinic:

Health Clinic
Walk-in Surgi-Clinic
Company or School Clinic
Infirmary
Neighborhood Health Clinic
Family Planning Center
Mental Health Facility

Dental Care:

Dentist
Dental or Oral Surgeon
Orthodontist
Dental Hygienist
Dental Technician
Dental Assistant

CARD PP-2

TYPES OF HOSPITAL SERVICES

Overnight Stay (1 or more nights)

Emergency Room Visit

Outpatient Department Visit

TYPES OF LONG TERM CARE FACILITIES

Convalescent Home

Nursing Home

Nursing Home Unit of a Hospital

Intermediate Care Facilities

Board and Care Homes

Residential Psychiatric Institution

Facility for the Mentally Retarded

Group Homes

Long Term Place that Provides Hospice Care

Long Term Place that Provides Respite Care

CARD PP-3

TYPES OF HOME CARE SERVICES

Skilled Medical Care

Home care from a nurse, any type of therapist, a doctor, a social worker, or anyone else providing nursing or medical care.

Personal Care

Home care services including bathing, dressing, or help getting around the house either paid or unpaid.

Household Chore Services

Help in the home with services like cooking or cleaning either paid or unpaid.

Companionship

Services such as reading, talking, or going for a walk, a drive, or to a restaurant either paid or unpaid.

Any Other Type of Home Care

CARD PP-4

TYPES OF OTHER MEDICAL SUPPLIES/EXPENSES

Eyeglasses or Contact Lenses ...

Bought

Replaced

Paid for Repairing

Diabetic Equipment or Supplies ...

Insulin

Syringes

Test Paper

Other Diabetic Equipment or Supplies

CARD PP-5

TYPES OF DENTAL CARE PROVIDERS

Dentist

Dental or Oral Surgeon

Orthodontist

Dental Hygienist

Dental Technician

Dental Assistant

CARD PP-6

TYPES OF MEDICAL PROVIDERS

Medical Professionals:

Medical Doctor

Nurse

Nurse Practitioner

Nurse Midwife

Physiatrist

Mental Health Professionals:

Psychiatrist

Psychologist

CARD PP-7

TYPES OF HOSPITAL SERVICES

Overnight Stay (1 or more nights)

Emergency Room Visit

Outpatient Department Visit

CARD PP-8

TYPES OF OTHER MEDICAL PROVIDERS

Medical Professionals and Practitioners:

Paramedic
Health Aide
Physician's Assistant
Midwife
Optometrist/Ophthalmologist
Podiatrist (Foot Doctor)
Chiropractor
Acupuncturist
Therapist - Physical, Speech, Occupational
Audiologist

Medical Facility or Clinic:

Health Clinic
Walk-in Surgi-Clinic
Company or School Clinic
Infirmary
Neighborhood Health Clinic
Family Planning Center
Mental Health Facility

Mental Health Professionals:

Psychiatric Social Worker
Mental Health Therapist

CARD PP-9

TYPES OF HOME CARE SERVICES

Skilled Medical Care

Home care from a nurse, any type of therapist, a doctor, a social worker, or anyone else providing nursing or medical care.

Personal Care

Home care services including bathing, dressing, or help getting around the house either paid or unpaid.

Household Chore Services

Help in the home with services like cooking or cleaning either paid or unpaid.

Companionship

Services such as reading, talking, or going for a walk, a drive, or to a restaurant either paid or unpaid.

Any Other Type of Home Care

CARD PP-10

TYPES OF LONG TERM CARE FACILITIES

Convalescent Home

Nursing Home

Nursing Home Unit of a Hospital

Intermediate Care Facilities

Board and Care Homes

Residential Psychiatric Institution

Facility for the Mentally Retarded

Group Homes

Long Term Place that Provides Hospice Care

Long Term Place that Provides Respite Care

CARD PP-11

TYPES OF OTHER MEDICAL SUPPLIES/EXPENSES

Eyeglasses or Contact Lenses ...

Bought

Replaced

Paid for Repairing

Diabetic Equipment or Supplies ...

Insulin

Syringes

Test Paper

Other Diabetic Equipment or Supplies

CARD HS-1

- Operation or Surgical Procedure
- Treatment or Therapy, Not Including Surgery
- Diagnostic Tests Only
- Give Birth To a Baby - Normal or
Cesarean Section (Mother)
- To Be Born (Baby)

CARD ER-1

- Diagnosis or Treatment
- Emergency (e.g., Accident or Injury)
- Psychotherapy or Mental Health
Counseling
- Follow-up or Post-Operative Visit
- Immunization or Shots
- Maternity Care (Pre/Postnatal)

CARD ER-2

- Laboratory Tests
- Sonogram or Ultrasound
- X-Rays
- Mammogram
- MRI or CAT Scan
- EKG or ECG
- EEG
- Vaccination
- Anesthesia

CARD OP-1

- General Checkup
- Diagnosis or Treatment
- Emergency (e.g., Accident or Injury)
- Psychotherapy or Mental Health Counseling
- Follow-up or Post-Operative Visit
- Immunizations or Shots
- Vision Exam
- Maternity Care (Pre/Postnatal)
- Well Child Exam

CARD OP-2

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Chemotherapy
- Radiation Therapy
- Kidney Dialysis
- IV Therapy
- Drug or Alcohol Treatment
- Allergy Shot
- Psychotherapy/Counseling

CARD OP-3

- Laboratory Tests
- Sonogram or Ultrasound
- X-Rays
- Mammogram
- MRI or CAT Scan
- EKG or ECG
- EEG
- Vaccination
- Anesthesia

CARD MV-1

- General Checkup
- Diagnosis or Treatment
- Emergency (e.g., Accident or Injury)
- Psychotherapy or Mental Health Counseling
- Follow-up or Post-Operative Visit
- Immunizations or Shots
- Vision Exam
- Maternity Care (Pre/Postnatal)
- Well Child Exam

CARD MV-2

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Chemotherapy
- Radiation Therapy
- Kidney Dialysis
- IV Therapy
- Drug or Alcohol Treatment
- Allergy Shot
- Psychotherapy/Counseling

CARD MV-3

- Laboratory Tests
- Sonogram or Ultrasound
- X-Rays
- Mammogram
- MRI or CAT Scan
- EKG or ECG
- EEG
- Vaccination
- Anesthesia

CARD DN-1

- * **DIAGNOSTIC OR PREVENTATIVE**
 - General Exam, Checkup or Consultation
 - Cleaning, Prophylaxis, or Polishing
 - X-Rays, Radiographs, or Bitewings
 - Fluoride Treatment
 - Sealant (Plastic Coatings on Back Teeth)

- * **RESTORATIVE OR ENDODONTIC**
 - Fillings
 - Inlays
 - Crowns or Caps
 - Root Canal

- * **PERIODONTIC (GUM TREATMENT)**
 - Periodontal Scaling, Root Planing, or Gum Surgery
 - Periodontal Recall Visit (Periodic or Regular)

- * **ORAL SURGERY**
 - Extraction, Tooth Pulled
 - Implants
 - Abscess or Infection Treatment
 - Other Oral Surgery

- * **PROSTHETICS**
 - Fixed Bridges
 - Dentures or Removable Partial Dentures
 - Relining or Repair of Bridges or Dentures

- * **ORTHODONTICS**
 - Orthodontia, Braces, or Retainers

- * **ADDITIONAL PROCEDURES**
 - Bonding, Whitening, or Bleaching
 - Treatment for TMD or TMJ

CARD HH-1

- Certified Nursing Assistant (CNA)
- Companion
- Dietitian/Nutritionist
- Home Health/Home Care Aide
- Hospice Worker
- Homemaker
- I.V. or Infusion Therapist
- Medical Doctor
- Nurse/Nurse Practitioner
- Nurse's Aide
- Occupational Therapist
- Personal Care Attendant
- Physical Therapist
- Respiratory Therapist
- Social Worker
- Speech Therapist

CARD HH-2

Medical Treatments

Changing bandages, wound care, giving medication, taking blood pressure, giving shots or injections, any type of therapy, other medical treatments

Help Using Medical Equipment or Assistive Device (Examples)

Oxygen tank, wheelchair, walker, hospital bed, tub seat, special railing, special commode, other medical equipment or assistive device

Help With Daily Activities or Personal Care (Examples)

Using the telephone, paying bills, shopping, driving, housework, preparing meals, bathing, dressing, using the toilet, getting in or out of a bed or chair, walking, eating, other daily activities or personal care

CARD HH-3

Help With Daily Activities or Personal Care (Examples)

Using the telephone, paying bills, shopping, driving, housework, preparing meals, bathing, dressing, using the toilet, getting in or out of a bed or chair, walking, eating, other daily activities or personal care

CARD CP-1

- Paid At Time Of Visit
- Made A Copayment
- Bill Sent Directly To Other Source
- Bill Has Not Arrived
- **No Bill Sent:**
 - HMO Plan
 - VA
 - Military Facility
 - Welfare/Medicaid
 - Worker's Compensation
 - School, Employer, or Other Private Health Center/Clinic
 - Public Clinic/Health Center or Private Charity (Include Community and Migrant Health Center, Federally Qualified Health Center, Indian Health Services)
- No Charge: Telephone Call
- Free From Provider (Professional Courtesy/Free Sample)
- Government-Financed Research And Clinical Trials

CARD CN-1

- A Motor Vehicle
- A Gun
- Weapon Other Than a Gun
- A Poison or Something That Can Poison
(Like Gasoline or a Cleaning Fluid or
Chemical)
- A Fire or Something Hot That Would Cause
a Burn
- A Drowning or Near-Drowning
- A Sports Injury
- A Fall (Exclude Falls Related to Sports)

CARD OC-1

TYPES OF OVER-THE-COUNTER MEDICATION

-- **Digestive System Problem Medication**

Examples: antacids, laxatives, adult pain relievers, and diarrhea remedies

-- **Respiratory Problem Medication**

Examples: allergy/hay fever remedies, adult and children pain relievers, room vaporizers, liquid cold remedies, cough remedies, chest rubs/ointments, sprays/inhalers, cough drops, sore throat lozenges/gum, anesthetic throat lozenges, asthma remedies, nose drops, and special sinus remedies

-- **Pain Problem Medication**

Examples: adult and children pain relievers and pain relieving rubs

-- **Skin Problem Medication**

Examples: jock itch remedy, hemorrhoid remedies, anti-itch cream/lotion, diaper rash remedies, medicated powder/talc, antiseptics, suntan lotion, sunburn remedies, acne cream/lotion, athlete's foot remedies, dandruff shampoos, wart removers, psoriasis remedies, skin spot remedies, ingrown toenail remedies, and skin cream/lotion

-- **Eye/Ear/Mouth Problem Medication**

Examples: eye drops, eye washes, ear drops, lip products, mouth or gum pain reliever, cold sore remedies, dental floss products, sensitive teeth remedies, dental rinse, and adult and children pain relievers

-- **Feminine Problem Medication**

Examples: adult pain relievers, pre-menstrual/menstrual relief products, vaginal itching and irritation creams, feminine douches, and water pills

-- **General Well-Being Problem Medication**

Examples: adult pain relievers, diet pills, sleep aids, stay awake products, and motion sickness remedies

CARD AC-1

Financial/Insurance Problems

- Couldn't afford care
- Insurance company wouldn't approve, cover, or pay for care
- Pre-existing condition
- Insurance required a referral, but couldn't get one
- Doctor refused to accept family's insurance plan

Transportation Problems

- Medical care was too far away
- Can't drive or don't have car/No public transportation available
- Too expensive to get there

Communication Problems

- Hearing impairment or loss
- Different language

Physical Problems

- Hard to get into building
- Hard to get around inside building
- No appropriate equipment in office

Other Problems

- Couldn't get time off work
- Didn't know where to go to get care
- Was refused services
- Couldn't get child care
- Didn't have time or took too long

CARD OE-1

- Hospital and Physician Benefits, Including Coverage Through an HMO
- Dental
- Prescription Drugs
- Vision
- Medicare Supplement or Medigap
- Long-Term Care in a Nursing Home
- Extra Cash for Hospital Stays
- Serious Disease or Dread Disease

CARD PR-1

State-Specific Names of Medicare HMOs

(One for Each State)

CARD PR-2

State-Specific Plan Names

(One for Each State)

CARD PR-3

- AFDC (Aid to Families with Dependent Children)
- SSI (Supplemental Security Income)
- WIC (Women, Infants, and Children)
- IHS (Indian Health Service)
- Public Health Clinic
- VA (Veterans Administration)

CARD HX-1

- From a Professional Association
- From a Small Business Group
- From a Union
- From a Health Insurance Purchasing Alliance
- Directly From an Insurance Agent
- Directly From Insurance Company
- Directly From an HMO
- From a Previous Employer
- From a Previous Employer (COBRA)

CARD HX-2

Sample Medicare Card

MEDICARE		HEALTH INSURANCE
SOCIAL SECURITY ACT		
NAME OF BENEFICIARY JOHN D. DOE		
MEDICARE CLAIM NUMBER 123-45-6789A	SEX MALE	
IS ENTITLED TO HOSPITAL INSURANCE (PART A) MEDICAL INSURANCE (PART B)	EFFECTIVE DATE 1/1/95	
SIGN HERE		_____

CARD HX-3

Sample State-Specific Medicaid Card

(One for Each State)

CARD HX-4

- From a Group or Association
- From a Health Insurance Purchasing Alliance
- Directly Through a School
- Directly From an Insurance Agent
- Directly From Insurance Company
- Directly From an HMO
- From a Union
- From Anyone's Previous Employer (COBRA)
- From Anyone's Previous Employer
(Not COBRA)
- From Spouse's/Deceased Spouse's Previous
Employer
- From Some Other Employer
- Under Plan of Someone Not Living Here

CARD HX-5

State-Specific Names of Medicare HMOs

(One for Each State)

CARD HX-6

State-Specific Plan Names

(One for Each State)

CARD HX-7

- Hospital and Physician Benefits, Including Coverage Through an HMO
- Dental
- Prescription Drugs
- Vision
- Medicare Supplement or Medigap
- Long-Term Care in a Nursing Home
- Extra Cash for Hospital Stays
- Serious Disease or Dread Disease

CARD HX-8

**STATE-SPECIFIC PLAN NAMES OF FEDERAL INSURANCE PLANS
(FOR FEDERAL CIVILIAN EMPLOYEES)**

(ONE FOR EACH STATE)

CARD HX-9

- Cancer
- Hypertension
- Diabetes
- Coronary Artery Disease
- Some Other Condition

CARD SP-1

- Very Satisfied
- Somewhat Satisfied
- Not Too Satisfied
- Not At All Satisfied

CARD SP-2

1

2

3

4

Quality

Cost

